

Teeth Brushing

Policy:

Children in young preschool and older will brush their teeth using a “child toothbrush” with a pea sized amount of children’s toothpaste after breakfast.

Huntesy’s Clubhouse team members cannot diagnose, treat, or otherwise provide certified dental care to a child. The teeth-brushing policy is meant to support a pre-existing dental health regimen completed by the child’s parent or guardian, including regular visits to a pediatric dentist.

Providing Materials

- Centers are responsible for providing age-appropriate toothbrushes and toothpaste
- The center is required to maintain an inventory of child toothbrushes to allow for new enrollees and transitioning children.
- Toothbrushes should be replaced as needed, at a minimum every 3 months.
- If parents/guardians prefer Fluoride-Free toothpaste, they are responsible for providing it.

Required Forms

- Parents whose children are toddler age or older will need to sign the Topical Medication Authorization Form (or Health at Huntesy’s Teeth Brushing supplemental form). This form must be signed annually.
- If parents prefer Fluoride Free toothpaste, it is an option listed on the Topical Medication Authorization Form.

Procedure:

- Toothbrushes and snap-on caps need to be labeled with child’s first and last name.
- Children need to be seated or standing still while brushing teeth.
- A pea-sized amount of toothpaste will be deposited onto the rim of a clean cup. A disposal cup can be thrown away after.
- The cup should have a small amount of water in it.
- Best Practice: A song will help solidify it as part of your daily routine! Here are some examples.
 - Brush your Teeth by Super Simple Songs
 - Brush your Teeth by Finny the Shark (to the tune of Baby Shark)
- When done brushing, children’s toothbrushes will be placed back into a clean, snap-on toothbrush cap and stored. The bristles of any other brush should not touch each other.
- Children must be supervised by a Team Member while brushing their teeth to ensure correct habits and safety.

Watch video “Tooth Brushing Overview” for a demonstration.